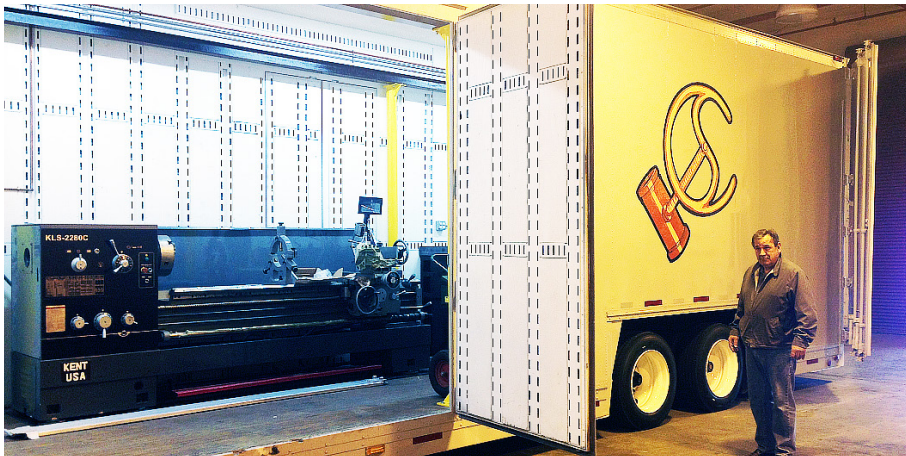




## Custom Valve Sets Up Shop on Mare Island

Lennar Mare Island recently leased a 10,000 square foot space to Custom Valve Solutions, a new company focused on repair of large-scale industrial valves and components.



Custom Valve Solutions Owner Ed Kumisca stands in front of a new 48-foot mobile machine shop the company is building on Mare Island.

The company provides valve and component replacements and other valve services for industrial clients that include large-scale facilities such as power plants and refineries. To accommodate the size of the valve work that these facilities require, Custom Valve needed a unique manufacturing space.

“Mare Island had the type of manufacturing facilities that simply aren’t available in other locations,” said Ed Kumisca, owner of Custom Valve. “This location had the power capacity, roll-up doors and lifting equipment that we needed and would have been almost impossible for us to find elsewhere.”

The company currently has nine employees — a combination of highly skilled mechanics, welders, machinists, millwrights, and instrumentation specialists — and they are eyeing additional growth in the future.

“Lennar Mare Island is pleased to welcome Custom Valve Solutions to Mare Island,” said Jason Keadjian, spokesperson for LMI. “We have seen tremendous growth in the Island’s manufacturing sector over the past several years and we are excited to have Custom Valve as one of the 11 new businesses this year that have joined our business community.”

For more information on Custom Valve Solutions, visit [www.customvalvesolutions.com](http://www.customvalvesolutions.com).

## Mare Island Health and Fitness Academy Teaching Healthy Lifestyles

When it comes to education, the Mare Island Health and Fitness Academy takes a slightly different approach. Not only are students able to excel academically through traditional classroom learning, but they are also given the tools and knowledge to lead healthier lives.

The Health and Fitness Academy is a K-8 magnet school located in the middle of Mare Island’s residential neighborhood. Formerly Mare Island Elementary School, the Academy prides itself on its unique focus on health and wellness.

The curriculum involves physical activities outside of a classroom setting, understanding the importance of proper nutrition, and educating the entire family on ways to maintain a healthy lifestyle.

“We look at the full range of needs that our students have to be successful in life,” said Health and Fitness Academy Principal Margaret Clark. “That includes their physical health, as well as their emotional health and extending education to the whole family.”

The school takes advantage of its unique setting on Mare Island. At least once a week, students typically do neighborhood walks and learn about the Island’s environmental setting and history.

See “Health and Fitness Academy”,  
next page

## GVRD Expanding Sports Programs at Mare Island Sports Center

For many years the Mare Island Sports Center has provided a space for athletes from around the region to participate in a wide variety of sports and activities, ranging from spontaneous pick-up basketball games to organized club team tournaments.

The Greater Vallejo Recreational District (GVRD) began managing the Mare Island Sports Center in early 2014 and they have been busy expanding the Sports Center's offerings, developing new programs and services for Mare Island and Vallejo.

"We are very excited that we have this great space that is available for everyone in the community," said Anthony Kenaston, Recreation Supervisor for GVRD.

"The Sport Center's size and availability allows us to expand recreational opportunities for local youth and takes the pressure off other facilities in the area. It really gives us a chance to be creative with our offerings and provide services we never had before."

In addition to the soccer, basketball, volleyball and hockey leagues that use the Sports Center, GVRD hosts youth basketball camps, after-school fitness programs and cross-fit classes for adults. Scholarships are available for those who qualify for financial assistance.

The Sports Center is open to the public from 3 p.m. to 10 p.m. Monday through Friday, and 9 a.m. to 10 p.m. on weekends. More information on GVRD and the Sports Center is available at [www.gvrd.org](http://www.gvrd.org), and they can be contacted at (707) 562-4625.



*Indoor soccer leagues are one of many uses at the Mare Island Sports Center.*

### *"Health and Fitness Academy", continued*

The school also holds an annual Mare-A-Thon, a fun walk around the Island, at the end of each school year, with Mare Island businesses coming out to provide encouragement to the participants. The academy is currently planning its 2015 Mare-A-Thon.

Mare Island Health and Fitness Academy is open to students throughout Vallejo, though Mare Island residents receive priority enrollment during elementary school years. For more information on the Health and Fitness Academy, visit [www.mihfa-vcusd-ca.schoolloop.com](http://www.mihfa-vcusd-ca.schoolloop.com).